

Hillside Family Forum Meeting Notes

Date of Meeting:

Tuesday 22nd January 2019 (9.00am - 10.00am)

Topic:

Services provided by Avenues East

Number of family members in attendance:

3

Details of discussions:

Avenues East introduced their range of services which are accessible from 10 years old into adulthood.

Teaming Up (ages 10-15) enables youngsters with disabilities to have fun and make new friends.

Each session offers activities which take place at a variety of leisure and entertainment venues like bowling, cinema, games in the park or just meeting new friends for brunch and banter.

Days out take place in the school holidays to places like Stonham Barns, Africa Alive, Pizza Making, Norwich and Felixstowe.

Area	When	Cost
Bury St Edmunds	1st & 3rd Saturday of every month	£12 per session. Activity cost included.
Ipswich	2nd & 4th Saturday of every month	£12 per session. Activity cost included.

Avenues East have a full list of all their support activities at:

www.avenuesgroup.org.uk

or call 01473 836770

They provide a whole range of Social Groups, Day Time Activity Groups and Short Breaks.

	<p>We then went on to talk about Activities Unlimited who also provide activities for children with disabilities.</p> <p>Children can access their activities and families can get awards to assist in paying for activities that they arrange themselves.</p> <p>Parents have found this really useful in the past. Contact details:-</p> <p>The Activities Unlimited team is based at:</p> <p>Endeavour House 8 Russell Road Ipswich IP1 2BX</p> <p>Phone: 01473 260026</p> <p>Email: info@activities-unlimited.co.uk</p>
<p>Feedback received:</p>	<p>Parents and carers found the information valuable for their children who attend Hillside and also for other family members.</p>